



REACH

Monthly Bulletin of
The Vedanta Centre of Sydney
and its various branches

Motto:
Atmano mokshar-
tham
jagad hitaya cha
(For one's own
liberation and for the
welfare of the world)

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Sydney CentreMain building views from North East

Daily Activities:

Daily worship including chanting and meditation is held every morning from 7 a.m. to 8:30 a.m. at the Centre. The vesper service is held in the evening from 7 p.m. to 8:30 p.m. including devotional singing, reading from *The Gospel of Sri Ramakrishna* and meditation.

Counselling, interviews and discussions with devotees are also conducted on a daily basis. The library is available to devotees for reference and research. The Centre maintains a **bookstall** which has a range of books on the Ramakrishna-Vivekananda, Vedanta, Yoga, and other spiritual literature. Devotional songs, discourses on the *Bhagavad Gitā*, the *Yoga Sutras of Patanjali*, *Mundaka Upanisad*, and other topics are also available in various media.

Weekly/ Monthly Activities:

The Centre conducted the following activities in Sydney:

a) Swami Sridharananda conducted **classes** on the *Bhagavad-Gitā* every Sunday morning from 10 a.m. to 11 a.m. at the Centre.

b) **Classes** on *Bhagavad Gitā* were also conducted by Swami Sridharananda at 1/11 Boyle Street, Balgowlah, NSW 2093 **Manly Beach** on Tuesdays from 7:30 p.m. to 8:30 p.m.

c) Some devotees availed **spiritual counselling** and guidance. The Swamis also visited the homes of devotees when required.

d) **Meditation** sessions were held at the Centre on Sundays from 5 p.m. to 6 p.m.

e) **Sanskrit language** classes were held on Saturdays and Sundays for various

levels of adult students.

f) **Bala Sangha** Classes on **moral and spiritual lessons and drama and movement** were conducted for children every Saturday from 4:45 p.m. to 6:45 p.m. at the Centre during the academic term.

g) Classes on **moral and spiritual lessons** were conducted for children at Eastwood Public School on Wednesdays from 9:45 a.m. to 10:30 a.m. during the academic term.

h) **English language tutorial** was provided to children on Tuesdays from 5:30 p.m. to 6:45 p.m. during the school terms.

i) *Rāmanām Sankirtana* was sung on the *Ekadashi* days after the vesper service.

j) A **class** for ladies on *Meditation and Spiritual Life* was conducted on selected Mondays twice a month from 10:30 a.m. to 1 p.m.

k) On an average 30 children participated in the three-day long **holiday camp** conducted at the Centre from the 16th to 18th of April 2013.

l) A one-day long **Spiritual Retreat** was organized at the Centre on the 1st of April 2013. 37 devotees participated in it.

m) Swami Atmeshananda and Swami Sunisthananda attended a **youth camp** organized by HSS group at Bahai Retreat Centre on the 25th of April 2013.

n) To commemorate the 150th birth anniversary of Swami Vivekananda the **Viveka Study Group** was started for youth on 7th of April 2013. The objective of this group is to study the teachings of Swamiji and spread them in the community. Its meetings were held from 8:30 to 9:30 a.m. on Sundays.

Celebrations:

a) **Sri Shankaracharya Jayanti** was celebrated with the singing of Bhajans on the 26th of April 2013.

b) Overseas Visit:

Swami Sridharananda visited Honk Kong from 17th to 27th of April 2013.

FORTHCOMING CALENDAR OF EVENTS

Function	Centre	Date
Fund Raiser	Sydney	Saturday, 18 May 2013
Buddha Purnima	Sydney	Saturday, 25 May 2013
Annual Programme	Brisbane	Saturday, 1 June 2013
Docu. on Swami Vivekananda	Canberra	Sunday 6 June 2013



Adelaide Centre

Adelaide Centre

Monthly activities:

- a) Swami Sridharananda visited Adelaide from 4th to 6th of April 2013 and delivered discourses on the *Srimad-Bhagavad Gītā* and *Yoga Sūtras of Patanjali* at the Dulwich Community Centre, 14 Union Street, Dulwich SA 5065. A dedicated group of devotees attended his talks which have also been recorded. Contact persons: Dr. R. Sharma 08- 8431 9775 & Mrs. P. Iswaran 08-8379 5336. E-mail: vedanta.adelaide@gmail.com.
- b) The 'reading from *The Gospel of Sri Ramakrishna*' including discussion on relevant points was conducted on Saturday, the 28th of April at 3:30 p.m. at 33 Woodhouse Crescent, Wattle Park, SA 5066.

Celebrations:

- a) The Annual Celebration of the Adelaide Chapter was held on Saturday, the 6th of April 2013 at the Dulwich Community Centre from 8:30 a.m. to 1 p.m. A group of devotees sang bhajans while Swami Chandrashekharananda performed the traditional worship. Swami Sridharananda spoke on 'The Life and Teachings of Sri Ramakrishna'. Many devotees participated in the function and later enjoyed the *prasada*.



Brisbane Centre

Brisbane Centre

Daily activities:

Morning worship, evening *ārati*, *bhajans*, and readings from *The Gospel of Sri Ramakrishna* are the regular activities of the Centre at 181 Burbong Street, Chapel Hill, QLD 4073. A resident volunteer looks after the day-to-day activities at the Centre. Contact person: Dr. V. Reddy 07-3720 0228.

Monthly Activities:

Swami Atmesananda visited Brisbane and conducted the following classes :

- a) Class on **Dakshinamurti Stotram** from 7 p.m. to 8.30 p.m. on Wednesday, the 10th of April 2013 at 108, Sharpless Drive, Springfield.
- b) Class on **Meditation & Spiritual Life** from 7 p.m. to 8.30 p.m. on Friday the 12th of April 2013 at the Centre.
- c) Class on **Bhagavad-Gita** at the Centre at 6:30 p.m. on Saturday 13 of April 2013.

Canberra Centre

Swami Sridharananda conducted a class on the *Bhagavad-Gītā* on Sunday the 28th of April 2013 at the Belconnen Community Meeting Room 2 Chandler Street in Canberra. Contact person: Mr. J. Venkataraman, Secretary - 02-6258 7612.

Melbourne Centre

Daily Activities:

Vesper service is held daily in the Centre at **5-7 Angus Avenue, Ringwood, Vic 3135** from 7 p.m. to 8 p.m. It includes set hymns, scriptural readings, meditation and occasional devotional singing. Contact persons: Mr. Suresh Ravinutala, Secretary, on 03-9803 6154 or Mr. Mohana Krishnan on 03-9801 6174.

The **bookstall** makes available literature on Ramakrishna-Vivekananda, Vedanta philosophy, and other spiritual topics in print, audio, and visual media throughout the period.

Weekly/Monthly Activities:

- a) Swami Sridharananda delivered monthly **discourses** on the *Bhagavad-Gītā* from Thursday, the 25th to 27th of April 2013 at Monash University Clayton Campus of Law, Wellington Road (L. Theatre L4). The Thursday and Friday sessions were from 7:45 p.m. to 8:45 p.m. The recordings of these discourses are available in Audio, Video and MP3 formats.
- b) The following were the other activities held:

Group studies through viewing of (i) the *Mundaka Upanishad* lecture series video is held on every Sunday from 4 p.m. to 5 p.m. and (ii) the *Yoga Sūtras of Patanjali* lecture series video is held on every Friday from 10:30 a.m. to 11:30 a.m. (iii) The *Bhagavad-Gītā* study group meets on alternate Sundays from 10 a.m. to 11 a.m.



Melbourne Centre



Perth Centre



Auckland, NZ Centre

Perth Centre

Daily Activities:

The Centre located at **51 Golf View Street, Yokine W.A. 6060** holds vesper service daily at 7 p.m. with *ārati*, readings from *The Gospel of Sri Ramakrishna* and meditation. The Centre maintains a small bookstall and a library. Contact persons: Mr. H. Mukhopadhyay, Secretary - 0411 478 244, Mr. Parthiv Parekh, Asstt. Secretary - 0430 511 699.

Monthly Activities:

The following activities held in this month:

- a) Swami Sridharananda visited the Centre from 10th to 13th of April and delivered discourses on *Bhagavad Gītā*.
- b) A **Revision** session through playing audio recording of talks on *Bhagavat Gita* delivered in the previous month.

Auckland Centre

Daily activities:

A vesper service is held daily from 7 p.m. to 8 p.m. at the Centre at 27 Arawa Street, New Lynn, Auckland. It includes the singing of hymns and readings from the *Sri Ramakrishna The Great Master* followed by meditation. Contact person: Mr. Monney Kumar, Secretary +64 9 21675 134.

Monthly and annual activities:

- a) On Sunday the 20th of April a *satsang* was held which included singing of *bhajans*, discourse on the *Ramayana*, reading and discussion on the life of Swami Premananda and meditation from 11 a.m. to 1 p.m.
- b) On the last Sunday the 28th of April the second *satsang* was conducted from 11 a.m. to 1 p.m. Programme consisted of *bhajans*, reading and discussion on *Srimad-bhagavad Gītā*, reading from the

Gospel of Sri Ramakrishna, Life of Holy Mother, Complete works of Swami Vivekananda followed by meditation, *ārati* and Prasad distribution.

"Thus we see that the religion of the Vedanta can satisfy the demands of the scientific world, by referring it to the highest generalisation and to the law of evolution. That the explanation of a thing comes from within itself is still more completely satisfied by Vedanta. The Brahman, the God of the Vedanta, has nothing outside of Himself; nothing at all. All this indeed is He: He is in the universe: He is the universe Himself. "Thou art the man, Thou art the woman, Thou art the young man walking in the pride of youth, Thou art the old man tottering in his step." He is here. Him we see and feel: in Him we live and move and have our being.

The sum-total of this whole universe is God Himself. Is God then matter? No, certainly not, for matter is that God perceived by the five senses; that God as perceived through the intellect is mind; and when the spirit sees, He is seen as spirit. He is not matter, but whatever is real in matter is He. Whatever is real in this chair is He, for the chair requires two things to make it. Something was outside which my senses brought to me and to which my mind contributed something else and the combination of these two is the chair. That which existed eternally, independent of the senses and of the intellect, was the Lord Himself. Upon Him the senses are painting chairs and tables and rooms and houses and worlds and moons and suns and stars and everything else. How is it, then, that we all see this same chair, that we are all alike painting these various things on the Lord, on this Existence, Knowledge and Bliss? It need not be that all paint the same way, but those who paint the same way are on the same plane of existence and therefore they see one another's paintings as well as one another. There may be millions of beings between you and me who do not paint the Lord in the same way and them and their paintings we do not see. "

- - - Swami Vivekananda

Please visit belurmath.org for news and activities related to the 150th birth anniversary celebration

Other websites:

<http://www.rkmdelhi.org/>
<http://rkmath.org/>
<http://vivekanandahouse.org/>
<http://shashwatabharata.in/>

Welcome

We welcome you all to the Ramakrishna - Vedanta Movement and invite you to attend our programmes and actively participate in the propagation of the Universal message of Vedanta as epitomized in the lives of Sri Ramakrishna, Holy Mother Sri Sarada Devi, and Swami Vivekananda.