



REACH

Monthly Bulletin of
The Vedanta Centre of Sydney
and its various branches

Motto:
Atmano mokshar-
tham
jagad hitaya cha
(For one's own
liberation and for the
welfare of the world)

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Sydney Centre

Daily Activities:

Daily worship including chanting and meditation is held every morning from 7 a.m. to 8:30 a.m. at the Centre. The vesper service is held in the evening from 7 p.m. to 8:30 p.m. including devotional singing, reading from *The Gospel of Sri Ramakrishna* and meditation.

Counselling, interviews and discussions with devotees are also conducted on a daily basis. The library is available to devotees for reference and research. The Centre maintains a **bookstall** which has a range of books on the Ramakrishna-Vivekananda, Vedanta, Yoga, and other spiritual literature. Devotional songs, discourses on the *Bhagavad Gītā*, the *Yoga Sutras of Patanjali*, *Mundaka Upanisad*, and other topics are also available in various media.

Weekly/ Monthly Activities:

The Centre conducted the following activities in Sydney:

a) Swami Sridharananda conducted **classes** on the *Bhagavad-Gītā* every Sunday morning from 10 a.m. to 11 a.m. at the Centre.

b) **Classes** on *Bhagavad Gītā* were also conducted by Swami Sridharananda at 1/11 Boyle Street, Balgowlah, NSW 2093 **Manly Beach** on Tuesdays from 7:30 p.m. to 8:30 p.m.

c) Some devotees availed **spiritual counselling** and guidance. The Swamis also visited the homes of devotees when required.

d) **Meditation** sessions were held at the Centre on Sundays from 5 p.m. to 6 p.m.

e) **Sanskrit language** classes were held on Saturdays and Sundays for various

levels of adult students.

f) **Bala Sangha** Classes on **moral and spiritual lessons and drama and movement** were conducted for children every Saturday from 4:45 p.m. to 6:45 p.m. at the Centre during the academic term.

g) Classes on **moral and spiritual lessons** were conducted for children at Eastwood Public School on Wednesdays from 9:45 a.m. to 10:30 a.m. during the academic term.

h) **English language tutorial** was provided to children on Tuesdays from 5:30 p.m. to 6:45 p.m. during the school terms.

i) *Rāmanām Sankirtana* was sung on the *Ekadashi* days after the vesper service.

j) A **class** for ladies on *Meditation and Spiritual Life* was conducted on selected Mondays twice a month from 10:30 a.m. to 1 p.m.

k) The **Viveka YouthGroup** meetings were held from 8:30 to 9:30 a.m. on Sundays for youth.

Visiting monastic:

a) Br. Nirvanachaitanya of Hollywood Centre visited the Centre from 3rd of May to 13th of June 2013.

Overseas Visit:

Swami Sridharananda visited **Malaysia and Europe** from the 3rd to 28th of June 2013.

Forthcoming programmes:

To commemorate the 150th birth anniversary of Swami Vivekananda various seminars are being organised in Australia, New Zealand and Fiji. Swamis Tyagananda of Boston (U.S.A.) Centre, Baneshananda of Germany Centre and Sarvapriyananda of Belur Math are scheduled to take part.

A drama on the life and message of Swami Vivekananda will be staged at Sydney Opera House on 17 and 18 of September and on 22nd of September in Brisbane.

For details please visit our website.

FORTHCOMING CALENDAR OF EVENTS

Function	Centre	Date
Guru Purnima	Sydney	Monday, 22 July 2013
Seminar	Canberra	Friday, 23 August 2013
Sri Krishna Jayanti	Sydney	Wednesday, 28 August 2013
Seminar	Auckland	Sunday, 1 September 2013



Adelaide Centre



Brisbane Centre

2013 at the Centre.

Celebration:

a) Annual Programme

On the 1st of June 2013, the Brisbane centre held its Annual Programme at the Indooroopilly State High School. Honourable Glen Elmes, Minister for Aboriginal and Torres Strait Islander & Multicultural Affairs, and Minister Assisting the Premier was the Guest of Honour on the occasion. The programme began at 6 p.m. with a procession of about 50 ladies carrying lamps in their hands which they placed on the stage of the hall. Following this, the Hon. Minister lit an oil lamp symbolising the start of the programme.

The Annual programme consisted of Vocal and Instrumental music by 3rd Space Cultural forum, an energetic band, dance items by students of Eshwaralaya Kalaikoodam and Nadananjali school of Dance, a skit 'The rise of the Paragon' - a brief life story of Swami Vivekananda by the children of the Vedanta centre and a song 'Heal the world' by Anjali Raj. The Hon. Minister, Swami Atmeshananda and Dr. Maha Sinnathamby addressed the audience. Dr. Ashim Majumdar welcomed the audience and Dr. Naidu Bodapati gave the vote of thanks. The programme was very well acclaimed for its brevity and quality performances.



Canberra Centre



Melbourne Centre

Adelaide Centre

Monthly activities:

a) The reading from *the Gospel of Sri Ramakrishna* including discussion on relevant points was conducted on Sunday, the 9th June 23rd June at 3:00 p.m. at 33 Woodhouse Crescent, Wattle Park, SA 5066.

Contact persons: Dr. Raman Sharma 08- 8431 9775 & Mrs. Pathma Iswaran 08- 8379 5336. E-mail: vedanta.adelaide@gmail.com.

Brisbane Centre

Daily activities:

Morning worship, evening *ārati*, *bhajans*, and readings from *The Gospel of Sri Ramakrishna* are the regular activities of the Centre at 181 Burbong Street, Chapel Hill, QLD 4073, A resident volunteer looks after the day-to-day activities at the Centre. Contact person: Dr. V. Reddy 07-3720 0228.

Monthly Activities:

Swami Atmeshananda visited Brisbane and conducted the following classes :

a) Class on **Dakshinamurthy Stotram** from 7 to 8 p.m. on Wednesday, the 26th of June 2013 at 108, Sharpless Drive, Springfield.

b) Class on **Meditation and Spiritual Life** with guided meditation from 7 to 8:30 p.m. on Friday, the 29th of June 2013 at the Centre.

c) Class on **Bhagavad Gita** from 4:30 to 6 p.m. on Sunday, the 30th of June

Canberra Centre

Monthly Activities:

Movie on Swami Vivekananda

To commemorate the 150th Birthday Anniversary of Swami Vivekananda, the a film titled " Swami Vivekananda's Life in His Own Words" was screened on Sunday the 16th of June 2013 at the Mary MacKillop House and Conference Centre in Canberra for the interested general public. The full length movie produced by the Ramakrishna Mission Chennai, depicted the life of Swami Vivekananda and his teachings as enacted and told in his own words. It was introduced by Swami Atmeshananda. There was a large turnout and the film was very much appreciated by all.

Contact person: Mr. J. Venkataraman, Secretary - 02-6258 7612.

Melbourne Centre

Daily Activities:

Vesper service is held daily in the Centre at 5-7 Angus Avenue, Ringwood, Vic 3135 from 7 p.m. to 8 p.m. It includes set hymns, scriptural readings, meditation and occasional devotional singing. Contact persons: Mr. Suresh Ravinutala, Secretary, on 03-9803 6154 or Mr. Mohana Krishnan on 03-9801 6174.

The bookstall holds literature on Ramakrishna-Vivekananda, Vedanta philosophy, and other spiritual topics in print, audio, and visual media throughout the period.

Weekly/Monthly Activities:

- a) Regular monthly *satsangas* (prayer meetings) were held on the first Sunday of every month. The program includes readings from *The Gospel of Sri Ramakrishna* and other books and discussions there on, followed by *bhajans* and *ārati*.
- b) Group studies through viewing of (i) the Mundaka Upanishad lecture series video is held on every Sunday from 4 p.m. to 5 p.m. and (ii) the Yoga Sutras of Patanjali lecture series video is held on every Friday from 10:30 a.m. to 11:30 a.m. (iii) The Bhagavad-Gītā study group meets on alternate Sundays from 10 a.m. to 11 a.m.



Perth Centre

talks delivered in the previous month.

Celebrations:

- a) **Buddha Purnima** was celebrated on 2nd of June from 11 a.m. to 12 noon, it included Chanting and bhajans and reading from the life of Bhagavan Buddha.



Auckland, NZ Centre

discussion on *Srimad-bhagavad Gītā*, reading from the *Gospel of Sri Ramakrishna*, *Life of Holy Mother*, *Complete works of Swami Vivekananda* followed by meditation, *ārati* and *Prasad* distribution.

Perth Centre

Daily Activities:

The Centre located at 51 Golf View Street, Yokine W.A. 6060 holds vesper service daily at 7 p.m. with *ārati*, readings from *The Gospel of Sri Ramakrishna* and meditation. The Centre maintains a small bookstall and a library. Contact persons: Mr. H. Mukhopadhyay, Secretary - 0411 478 244, Mr. Parthiv Parekh, Asstt. Secretary - 0430 511 699.

Monthly Activities:

The following were the monthly activities held:

- a) Monthly *satsanga* were conducted on Sunday, the 2nd of June from 11 a.m. to 12 noon including the singing of *bhajans* and readings from *The Gospel of Sri Ramakrishna* and other inspiring books.
- b) A Revision session through playing audio recording on Bhagavat Gita

Auckland Centre

Daily activities:

A vesper service is held daily from 7 p.m. to 8 p.m. at the Centre at 27 Arawa Street, New Lynn, Auckland. It includes the singing of hymns and readings from the *Sri Ramakrishna The Great Master* followed by meditation. Contact person: Mr. Monnay Kumar, Secretary +64 9 21675 134.

Monthly and annual activities:

- a) On Sunday the 9th of June a *satsanga* was held which included singing of bhajans, discourse on the Ramayana, reading and discussion on the life of Swami Premananda and meditation from 11 a.m. to 1 p.m.
- b) On the last Sunday the 30th of June the second *satsanga* was conducted from 11 a.m. to 1 p.m. Programme consisted of bhajans, reading and

The Vedanta claims that there has not been one religious inspiration, one manifestation of the divine man, however great, but it has been the expression of that infinite oneness in human nature; and all that we call ethics and morality and doing good to others is also but the manifestation of this oneness. There are moments when every man feels that he is one with the universe and he rushes forth to express it, whether he knows it or not. This expression of oneness is what we call love and sympathy and it is the basis of all our ethics and morality. This is summed up in the Vedanta philosophy by the celebrated aphorism, Tat Tvam Asi, "Thou art That".

--- Swami Vivekananda

Please visit belurmath.org for news and activities related to the 150th birth anniversary celebration

Other websites:

<http://www.rkmdelhi.org/>
<http://rkmath.org/>
<http://vivekanandahouse.org/>
<http://shashwatabharata.in/>

Welcome

We welcome you all to the Ramakrishna - Vedanta Movement and invite you to attend our programmes and actively participate in the propagation of the Universal message of Vedanta as epitomized in the lives of Sri Ramakrishna, Holy Mother Sri Sarada Devi, and Swami Vivekananda.