



# REACH

Monthly Bulletin of  
The Vedanta Centre of Sydney  
and its various branches

**Motto:**  
Atmano mokshar-  
tham  
jagad hitaya cha  
(For one's own  
liberation and for the  
welfare of the world)

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**Sydney Centre** Main building views from North East

## Daily Activities:

Daily worship including chanting and meditation is held every morning from 7 a.m. to 8:30 a.m. at the Centre. The vesper service is held in the evening from 7 p.m. to 8:30 p.m. including devotional singing, reading from *The Gospel of Sri Ramakrishna* and meditation.

Counselling, interviews and discussions with devotees are also conducted on a daily basis. The library is available to devotees for reference and research. The Centre maintains a **bookstall** which has a range of books on the Ramakrishna-Vivekananda, Vedanta, Yoga, and other spiritual literature. Devotional songs, discourses on the *Bhagavad Gitā*, the *Yoga Sutras of Patanjali*, *Mundaka Upanisad*, and other topics are also available in various media.

## Weekly/ Monthly Activities:

The Centre conducted the following activities in Sydney:

a) Swami Sridharananda conducted **classes** on the *Bhagavad-Gitā* every Sunday morning from 10 a.m. to 11 a.m. at the Centre.

b) **Classes** on *Bhagavad Gitā* were also conducted by Swami Sridharananda at 1/11 Boyle Street, Balgowlah, NSW 2093 **Manly Beach** on Tuesdays from 7:30 p.m. to 8:30 p.m.

c) Some devotees availed **spiritual counselling** and guidance. The Swamis also visited the homes of devotees when required.

d) **Meditation** sessions were held at the Centre on Sundays from 5 p.m. to 6 p.m.

e) A **class** for ladies on *Meditation and Spiritual Life* was conducted on selected Mondays twice a month from 10:30 a.m. to 1 p.m.

f) The **Viveka Study Group** meetings were held from 8:30 to 9:30 a.m. on Sundays for youth.

g) **Sanskrit language** classes were held on Saturdays and Sundays for various levels of adult students.

h) **Bala Sangha** Classes on **moral and spiritual lessons and drama and movement** were conducted for children every Saturday from 4:45 p.m. to 6:45 p.m. at the Centre during the academic term.

i) Classes on **moral and spiritual lessons** were conducted for children at Eastwood Public School on Wednesdays from 9:45 a.m. to 10:30 a.m. during the academic term.

j) **English language tutorial** was provided to children on Tuesdays from 5:30 p.m. to 6:45 p.m. during the school terms.

k) **Rāmanām Sankirtana** was sung on the *Ekadashi* days after the vesper service.

## Celebrations:

a) *Guru Purnima* was celebrated on 22nd of July 2013 after arati. A formal worship was performed amid *bhajans*. Swami Sridharananda delivered a talk on the 'Importance of Guru'.

## FORTHCOMING CALENDAR OF EVENTS

Function	Centre	Date
Seminar	Canberra	Friday, 23th August
Krishna Janmastami	Sydney	Wed-day, 28th August
Seminars on the 150th Birth Anniversary Celebration of Swami Vivekananda	Auckland, NZ	Friday 1 September
	Adelaide	Friday 20 September
	Brisbane	Friday, 6 September
	Melbourne	Wed. Friday, 12, 14 Sept.
	Perth	Sunday 20 September
	Sydney	Monday, 16 September
	Townsville	Sat. & Sunday, 7 & 8 Sept.
Play: Oneness—Voice With- out Form	Brisbane	Sunday, 22 September 2013
	Sydney	Tues. & Wed. 17, 18 Sept.



Adelaide Centre

## Adelaide Centre

### Monthly activities:

a) Swami Sridharananda visited Adelaide from 4th to 6th of July 2013 and delivered discourses on the *Srimad-Bhagavad Gitā* and *Yoga Sutras of Patanjali* at the Dulwich Community Centre, 14 Union Street, Dulwich SA 5065. A dedicated group of devotees attended his talks which have also been recorded.

Contact persons: Dr. Raman Sharma 08- 8431 9775 & Mrs. Pathma Iswaran 08-8379 5336. E-mail: vedanta.adelaide@gmail.com.

## Brisbane Centre

### Daily activities:

Morning worship, evening *ārati*, *bhajans*, and readings from *The Gospel of Sri Ramakrishna* are the regular activities of the Centre at 181 Burbong Street, Chapel Hill, QLD 4073, A resident volunteer looks after the day-to-day activities at the Centre. Contact person: Dr. Vikas Reddy 07-3720 0228.

### Monthly Activities:

Swami Atmeshananda visited Brisbane and conducted the following classes :

a) Monthly **Prayer Meetings** from 6 to 8 p.m. on Saturday, the 6th and 27th of July 2013 at the Centre.

b) Class on *Srimad-Bhagavad Gita* from 4:30 to 6 p.m. on Sunday, the 28th of July 2013 at the Centre.



Brisbane Centre

c) Classes on **Meditation and Spiritual Life** with guided meditation from 7 to 8:30 p.m. on Friday, the 5th and 26th of July 2013 at the Centre.

d) Classes on **Dakshinamurthy Stotram** from 7 to 8 p.m. on Wednesdays, the 3rd, 24th and 31st of July 2013 at 108, Sharpless Drive, Springfield.

e) Meetings of **Discussion group** on Monday, the 1st and 29th of July 2013 at 9, Scribbly Gum Street, Sunnybank Hills.

## Canberra Centre

### Monthly Activities:

Swami Sridharananda conducted a class on the *Bhagavad-Gitā* on Sunday the 21st of July 2013 at the Belconnen Community Meeting Room 2 Chandler Street in Canberra. Contact person: Mr. J. Venkataraman, Secretary - 02-6258 7612.

## Melbourne Centre

### Daily Activities:

Vesper service is held daily in the Centre at 5-7 Angus Avenue, Ringwood, Vic 3135 from 7 p.m. to 8 p.m. It includes set hymns, scriptural readings, meditation and occasional devotional singing. Contact persons: Mr. Suresh Ravinutala, Secretary, on 03-9803 6154 or Mr. Mohana Krishnan on 03-9801 6174.

The bookstall holds literature on Ramakrishna-Vivekananda, Vedanta philosophy, and other spiritual topics in print, audio, and visual media throughout the period.

### Weekly/Monthly Activities:

a) Swami Sridharananda delivered monthly discourses on the *Srimad-Bhagavad-Gitā* from Thursday, the 18th and the Friday, the 19th of July from 7:45 p.m. to 9 p.m. On Saturday, the 20th of July from 11 a.m. to 12 noon at the Ringwood Community Hall, Knaith Road. The recordings of these discourses are available in Audio, Video and MP3 formats.

b) Regular monthly *satsangas* (prayer meetings) were held on the first Sunday of every month. The program includes readings from *The Gospel of Sri Ramakrishna* and other books and discussions there on, followed by *bhajans* and *ārati*.



Canberra Centre



Melbourne Centre

c) Following Group studies were held through viewing of (i) the *Mundaka Upanishad* lecture series video on every Sunday from 4 p.m. to 5 p.m. and (ii) the *Yoga Sutras of Patanjali* lecture series video on every Friday from 10:30 a.m. to 11:30 a.m. (iii) The *Srimad-Bhagavad-Gitā* study group on alternate Sundays from 10 a.m. to 11 a.m.

### Celebration:

a) Guru Purnima was celebrated on 22nd of July 2013.



## Perth Centre



Perth Centre

### Daily Activities:

The Centre located at 51 Golf View Street, Yokine W.A. 6060 holds vesper service daily at 7 p.m. with *ārati*, readings from *The Gospel of Sri Ramakrishna* and meditation. The Centre maintains a small bookstall and a library. Contact persons: Mr. H. Mukhopadhyay, Secretary - 0411 478 244, Mr. P. Parekh, Asstt. Secretary - 0430 511 699.

### Monthly Activities:

- Swami Sridharananda visited the Centre on 10th to 13th of July and conducted discourses on *Srimad-Bhagavad Gītā*. from 7:30 p.m. to 8:30 p.m. and on 13th of July from 10 a.m. to 11 a.m.
- Monthly *satsang* was conducted on Sunday, the 7th of July from 11 a.m. 12 noon. It included the singing of *bhajans* and readings from *The Gospel of Sri*

*Ramakrishna* and other inspiring books .

- A Revision session through playing audio recording on *Srimad-Bhagavat Gītā* talks delivered in the previous month.

### Celebrations:

- Guru Purnima** was celebrated on 22 July 2013 after evening prayer. A few *bhajans* were sung on the occasion. The pre-recorded talk on the "Importance of Guru" by Swami Sridharanandaji delivered in Sydney few hours before was played followed by the *ārati* and *prasad* Distribution.

## Auckland Centre



Auckland, NZ Centre

### Daily activities:

A vesper service is held daily from 7 p.m. to 8 p.m. at the Centre at 27 Arawa Street, New Lynn, Auckland. It includes the singing of hymns and readings from *The Great Master* followed by meditation. Contact person: Mr. Monnay Kumar, Secretary +64 9 21675 134.

### Monthly and annual activities:

- On Sunday the 14th of July a *satsang* was held from 11 a.m. to 1 p.m. which included singing of *bhajans*, discourse on the *Ramayana*, reading and discussion on the life of Swami Premananda and meditation.
- On the last Sunday, the 28th of July the second *satsang* was conducted from 11 a.m. to 1 p.m. Programme consisted of *bhajans*, reading and discussion on *Srimad-bhagavad Gītā*, reading from the *Gospel of Sri Ramakrishna*, *Life of*

*Holy Mother*, *Complete works of Swami Vivekananda* followed by meditation, *ārati* and *prasad* distribution.

- Swami Sunisthananda visited Auckland Centre and delivered talks from 26th to 28th July from 7:45 p.m. till 9 p.m. on 'Significance of Guru in our lives, Importance of Guru-Shishya Tradition and the reason for *Guru Purnima* Celebration' and on the lives and teachings of Holy Mother and Swami Vivekananda.

### Celebrations:

- The *Guru Purnima* was celebrated on the 22nd July 2013. The programme included *bhajans*, talks and readings on importance of Guru followed by *prasad* distribution.

"God can only be known in and through man. Vibrations of light are everywhere, even in the darkest corners; but it is only in the lamp that it becomes visible to man. Similarly God, though everywhere, we can only conceive Him as a big man. All ideas of God such as merciful preserver, helper, protector--all these are human ideas, anthropomorphic; and again these must cling to a man, call him a Guru or a Prophet or an Incarnation. Man cannot go beyond his nature, no more than you can jump out of your body. What harm is there in some people worshipping their Guru when that Guru was a hundred times more holy than even your historical prophets all taken together? If there is no harm in worshipping Christ, Krishna or Buddha, why should there be any in worshipping this man who never did or thought anything unholy, whose intellect only through intuition stands head and shoulders above all the other prophets, because they were all one-sided? It was he that brought first to the world this idea of truth, not in but of every religion, which is gaining ground all over the world and that without the help of science or philosophy or any other acquirement."

--- Swami Vivekananda.

Please visit [belurmath.org](http://belurmath.org) for news and activities related to the 150th birth anniversary celebration

### Other websites:

<http://www.rkmdelhi.org/>  
<http://rkmath.org/>  
<http://vivekanandahouse.org/>  
<http://shashwatabharata.in/>

## Welcome

We welcome you all to the Ramakrishna - Vedanta Movement and invite you to attend our programmes and actively participate in the propagation of the Universal message of Vedanta as epitomized in the lives of Sri Ramakrishna, Holy Mother Sri Sarada Devi, and Swami Vivekananda.